



# CAN GOD HELP US LOVE THE PEOPLE WE DON'T REALLY LIKE?

**BIBLE STORY:** The Power of One (Ephesians 4)

**BIBLE TRUTH:** Believers are called to live in unity and peace through the Holy Spirit.

**BIBLE VERSE:** But speaking the truth in love, let us grow in every way into him who is the head—Christ. *Ephesians 4:15*

**BONUS VERSE:** And we have this command from him: The one who loves God must also love his brother and sister. *1 John 4:21*

This meeting explored Paul's letters to the Ephesian believers. He encouraged the believers to live in unity with one another. He showed them ways they could be at peace through the Holy Spirit. There is one body, one Spirit, one hope, one Lord, one faith, one baptism, and one God. Because of this, believers are able to work together.

To live in unity, God gave every believer the gift of His Spirit. Believers aren't just to keep these gifts to themselves. These gifts are to be used to help the church and to share Jesus with the world. God chooses some people in the church to be apostles, prophets, evangelists, pastors, and teachers. When believers work together, they are able to carry out the responsibilities God wants them to do. When the church works together in this way, they are able to grow up and be built up together.

Paul gave the people a warning. He didn't want them to live like people who didn't know Jesus. Instead, they were to live in a way that showed their new lives because of Jesus.

This week, remind your child of the same things. Take a walk and talk about the ways in which he or she can live a new life because of Jesus. Print a nature walk scavenger hunt from a trusted website and use it to identify what you find on your walk.

